

# Sew Confident!

CLASS IN A FLASH

Garment Sewing  
Techniques + Tutorials + Style  
direct to you!

by Linda Lee

THE SEWING WORKSHOP



# Sew Confident!

CLASS IN A FLASH

This program is the only **step-by-step** program that brings you a year of sewing instruction — a new tutorial every month, plus patterns, too.

If you already have basic sewing skills, but want to learn the **finer points of sewing garments**, this program is for you!

*Everything you need for an entire year is downloaded from our website and on a handy Flash Drive.*



**Make this the year you find yourself saying “Yes, I made it myself!”**



# What's in the Program?

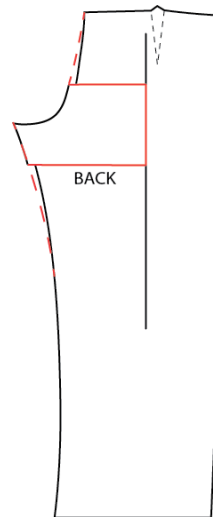
■ It's just like having your own **personal sewing tutor!** In the course of a year, you'll learn signature sewing techniques, how to make garments start to finish, and explore fitting solutions.

■ Plus, you will learn to build a core wardrobe, learn how to modify existing patterns, and how to use the sewing notions that the pros love!

■ Get started now!



**As a bonus, we show you *How to Measure* yourself and how to interpret those measurements when choosing your size.**



# How Does It Work for the **Current** Year?

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- Every month, you receive an email announcing the introduction of the latest tutorial.
- Using a **private link**, you can download each class from our website.
- View it on your computer, iPad, Kindle or other portable device.
- **Start, stop** and **restart** any time. Reuse as often as you like.
- **Print** the program content (it's a PDF) and build your sewing library.



# How Does It Work for the **Previous** Years?

■ Upon placing your order for *Sew Confident! Class in a Flash*, we send you a flash drive containing all tutorials for the year.

■ In addition, we provide you with a private link in order to download the tutorials from our website at your convenience, **forever!**

■ View them at your leisure on your computer or any other portable device.

THE SEWING WORKSHOP

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Class in a Flash 2012

Welcome to 2012 Sew Confident! Class in a Flash. Download all your tutorials here.

**EASY ACCESS - ALL THE TIME!**

- How to Measure - Measurement Chart, Ease Charts and a How to Measure Guide
- Sewing with Knits – How to Make the Trio T-shirt
- Sewing with Linen – How to Make and Embellish the Nine Lives Vest
- Sewing with Silk – How to Make the Stella Top
- Make a Swing Trio Tee
- March - Build a Core Wardrobe
- April - Fitting Shoulders
- May - Installing an Invisible Zipper
- June - Crinkles, Gauzes and Stretch Lace
- July - Tanks Again
- August - Setting in a Sleeve
- September - Modernists Concepts for Clothing
- October - Fitting the Bust
- November - Bias Bindings
- December - West End Top Details

Website screen shot of tutorials to download.

# How Does It Work?

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Tutorials are presented in a step-by-step slide format rather than a continuous video. By viewing at your own pace and stopping the action at the teachable moment, you will be able to successfully recreate the techniques that will give professional results.

**Or print out the PDFs  
and make a notebook  
for your sewing library!**



# Where Do You Start?

- Each year has a new set of topics.
- ***The classes are timeless.*** So, if you've never taken a *Sew Confident!* class, start with our Year 1 series.
- Or sign up for every year!

**View sample topics from each year on the next pages.**



# Sample Page — Year 1 (2012)

## Sewing with Knits

### ***The Best Threads for Knits***

Buy good quality polyester thread that is cross-wound on the spool. You can tell if a thread is cross-wound if you can see the thread forming diagonal patterns on the spool. Cross-wound thread comes off the spool smoothly and will allow the stitches to be made more easily. Don't EVER be tempted to buy bargain thread! It will only bring you grief.

Buy 4 spools when you buy your fabric—1 for your sewing machine, 3 for your serger.

Why polyester? Polyester thread has a slight give that prevents it from breaking when the knit stretches.

Excellent brands to choose from include Mettler Metrosene Plus and Isacord.

Know Your  
Notions



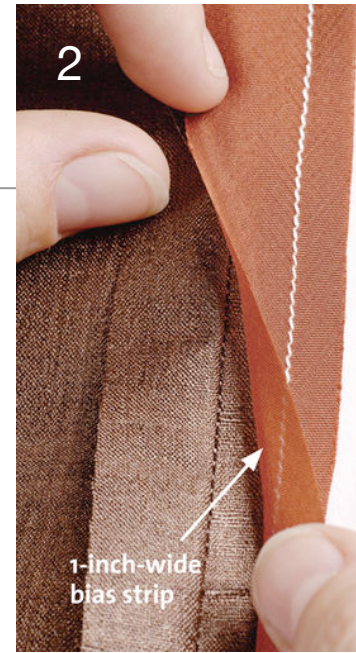


# Sample Page — Year 1 (2012)

## Sewing with Silk

### ***Hong Kong Seam Finish***

1. Sew a 5/8" seam allowance.
2. Cut 1"-wide bias strips. Use a non-bulky fabric such as China silk or lining. Align a bias strip with each raw edge and sew a 1/4" seam.
3. Wrap the bias strip over each raw edge and pin.
4. Stitch in the ditch of the seam through the seam allowance only (not the garment).



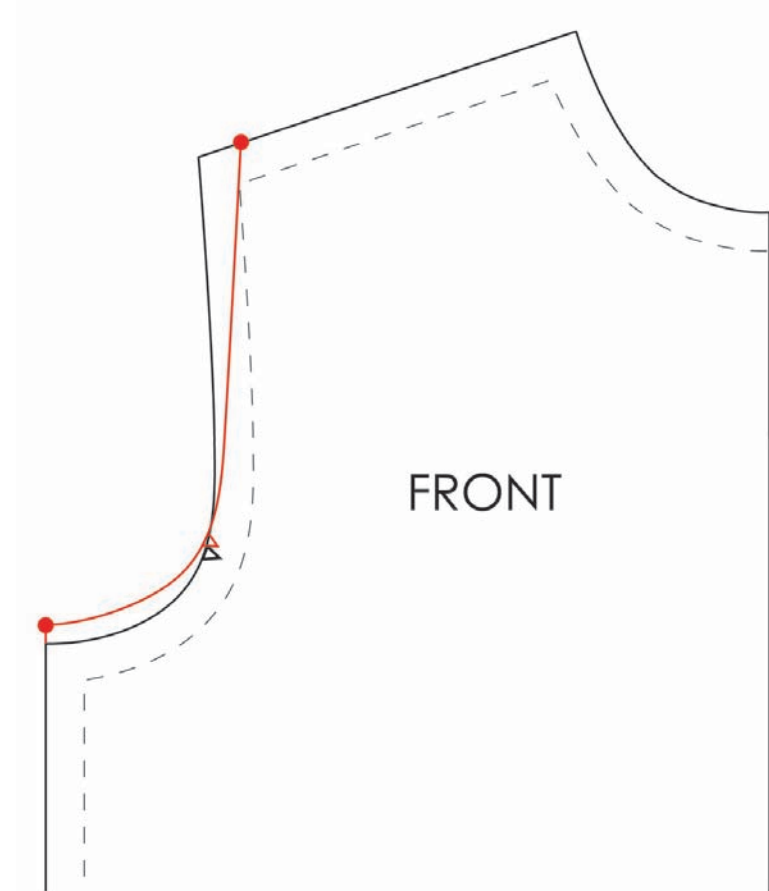
*Use an edgestitch foot with the needle position in the center to sew perfectly in the ditch.*

# Sample Page — Year 1 (2012)

## Fitting Shoulders

### **Narrow Shoulders**

- At the end of the shoulder seam, mark the new shoulder width (*both front and back*).
- Trace the original armscye, and place it under the pattern piece.
- Position the top of the traced armscye at the new shoulder mark. Pivot the tracing until the bottom of the traced armscye is aligned with the side seam.
- Redraw the armscye of the **front** and **back** to the original shape.



*Use the reverse technique to adjust for **BROAD SHOULDERS**. The new shoulder width will be wider than the original pattern and the side seam slightly lower.*

# Sample Page — Year 2(2013)

## Urban T-shirt as a Cardigan

### ***Let's Make a Cardigan***

- Striped knits are the rage.
- I used a fine weight of grey knit from St. John and combined a variety of narrow and wide striped knits for the applied raw-edge patchwork.
- The Urban T-shirt pattern includes two sleeve lengths — short and long. Select the best one for you and consider the current season.



*Urban T-shirt Variation*

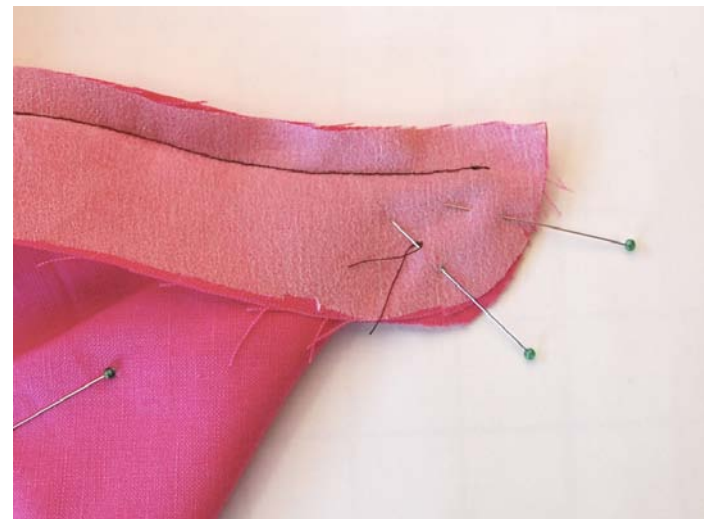
# Sample Page — Year 2(2013)

## Collars and Stands

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### **Method 2 - Step 8**

- Unfold the collar stand again and roll the garment front out of the way of the stand ends.
- Pin the collar stand ends together making sure no part of the garment is in the way of the next stitching.



# Sample Page — Year 2(2013)

## Sewing Workshop Ensembles

### **10 Statement Ensembles for Fall**

- What to wear with what? That's always the question.
- This tutorial shows you some of the best combos that we have assembled. Some are from the archives, but all are very wearable, versatile, and classic.
- These styles are our top-sellers because they work on lots of body types and can be made in many fabrics for all seasons.
- So here's a blast of the best!



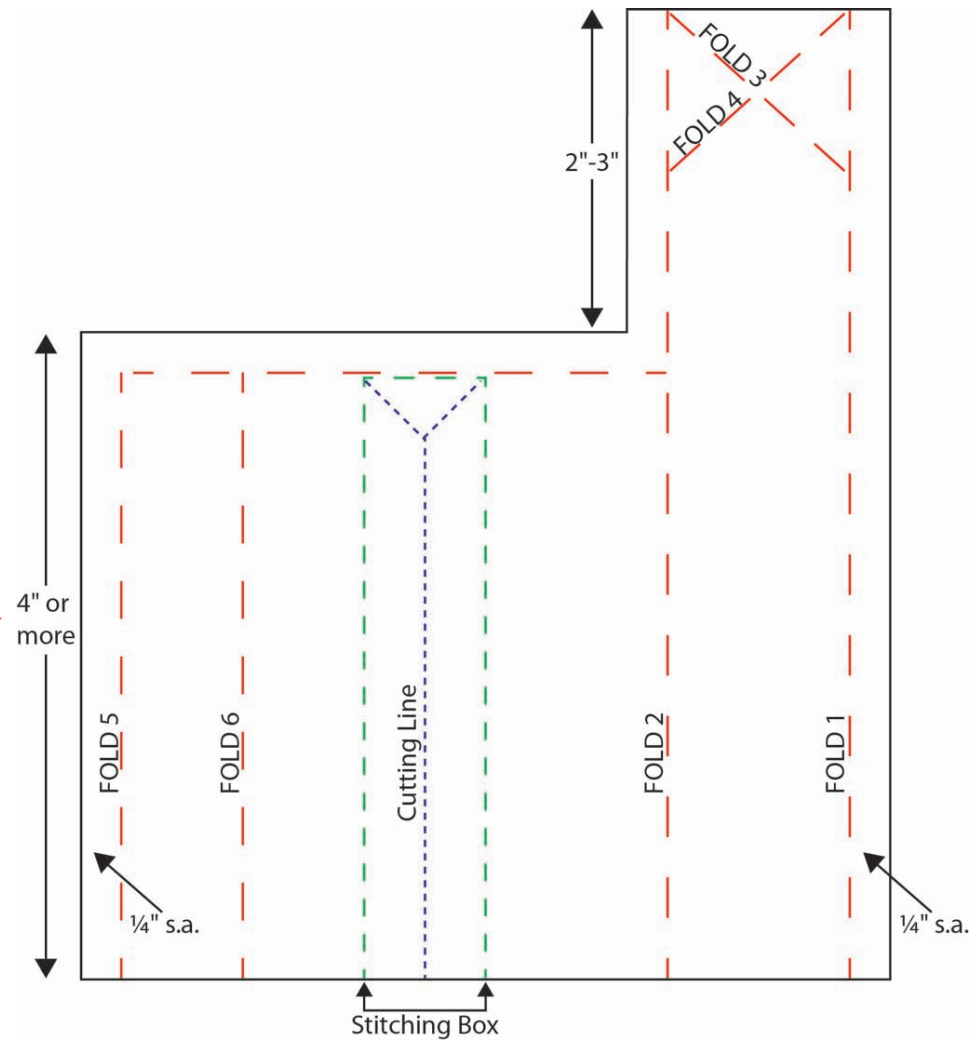
# Sample Page — Year 3(2014)

## Sleeve Plackets

### Shirt-Sleeve Placket Pattern

- Click [HERE](#) to download and print out the sleeve-placket pattern as illustrated on this page.
- Remember to print it out at 100%.
- Adjust the height of the left side according to the size of the placket opening slit on your pattern.

*This schematic is for a right sleeve placket.  
Place this pattern right side up on the right side  
of the fabric to apply to a right sleeve. Reverse  
the pattern to make a left placket.*



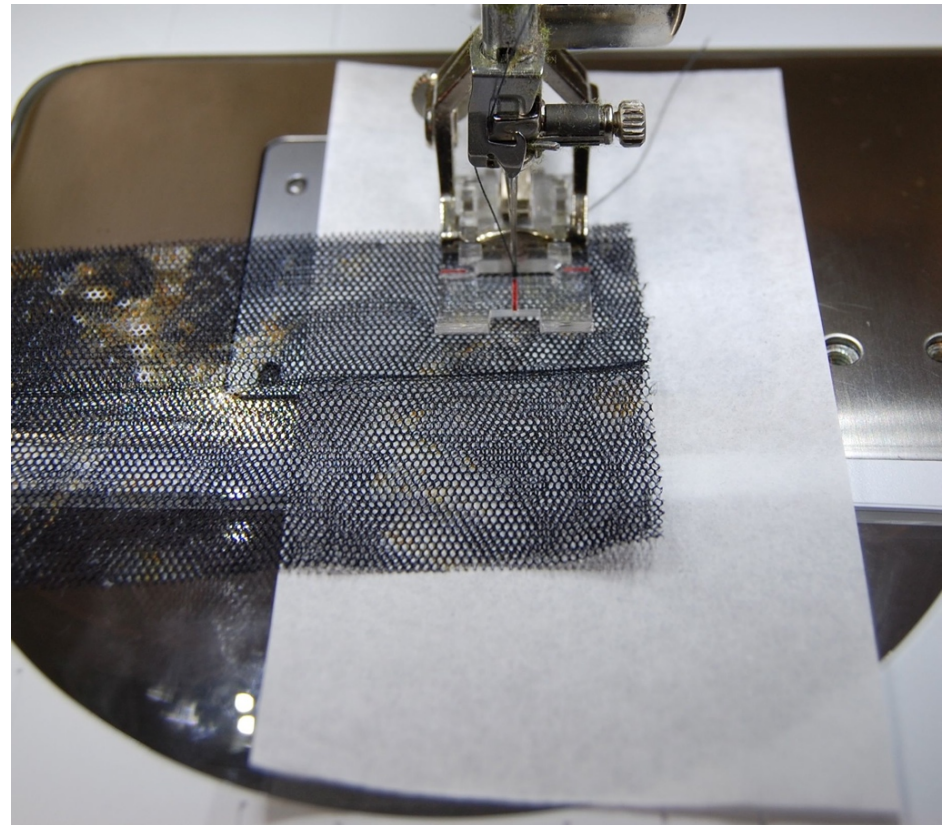
# Sample Page — Year 3(2014)

## Knits Update

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### ***Sewing Stretch Lace, Mesh, Etc.***

- Use paper such as tissue paper as a stabilizer when sewing sheer, mesh and other open-weave fabrics.
- Without it, the fabric may get jammed in the opening of the throat plate, or you may have trouble starting the stitching.



# Sample Page — Year 3(2014)

## It's A Wrap

### Constructing Your Graphic Skirt

■ With the **wrong** side of the *Right Front* to the **right** side of the *Left Front*, machine baste the right edge of the *Left Front* to the side seam.

■ With right sides together, sew the skirt front to the back at the right side seam.

■ Press the seam open, using the tailor's ham through the hip curve.





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