

Sew Confident! FEBRUARY 2021

MAISON JOGGERS

MATERIALS LIST

- *Maison Top & Jogger pattern*
- Light to medium-weight 2 or 4-way stretch jersey knit
- Yardage for Joggers
 - 54/60" 2 5/8 yards XS - M
 - 54/60" 2 3/4 yards L-XXL

Jersey, a single knit, is the most basic machine-made knit. It has lengthwise ribs (knit stitch) on the right side and horizontal rows (purl stitch) on the wrong side. Jersey is available in just about any variety of fibers and fabric weights, from stable cotton to tissue-sheer silk to super-slinky rayon fabrics, and may include the addition of 2-10% spandex fibers, Jersey's identifying feature is that it curls to the right side when stretched on the crossgrain.

For the class demonstrations, I will be using a jersey from one of the kits that is 95% cotton and 5% spandex.

- 55" Drawstring/Shoelace
- 1 yard 1 1/2"-wide Knit Elastic
- 1/2 yard Fusible Knit Stay Tape
- 1 spool Polyester Thread to match for construction
- 3 spools Isacord Thread or other overlock thread to match for finishing edges
- Easy Threader™ or large safety pin or bodkin for inserting drawstring/shoelace
- Buttonhole Cutter
- 2 pieces Fusible Interfacing 2" square each
- Rotary Cutter - recommended but shears are fine
- Trimming Scissors or Snips
- Glasshead Silk Pins
- Pattern Weights
- Size 26 or larger Tapestry Hand Sewing Needle or other blunt end, large eye needle
- Chakoner or other Chalk Marker
- Straight Edge Ruler
- Seam Gauge
- Seam Ripper
- Waling Foot (or engage even feed feature)
- Edgestitch Foot
- Tailor's Ham (optional)
- Sleeve board (optional)
- Steam Iron

You will need a sewing machine that has been cleaned and is in good condition. If your machine also embroiders and has a 9mm throat plate, you may want to invest in a 5mm-wide throat plate or a single hole plate. If you have the even-feed feature on your machine, engage it. If not, add a walking foot, if possible.

An overlock machine (serger) is recommended but not required.

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PREPARATION

Plan to have the following work done before the start of the video class.

Pattern Work

Download your pattern and tape the pieces together or send it to a printer who will print it on large paper. We recommend [PDF Plotting](#).

Download and print out the instructions included in the pattern file.

Determine your size using your full hip measurement. Refer to page 8 of the instructions to find the Size Measurements Chart. Use this chart to find your full hip measurement and select that size. Then refer to the second chart on that page to review the Finished Garment Measurements.

Compare the finished measurements to your hip size and you will know how much design ease is built into the pattern. The joggers are meant to be loose-fitting with at least 5" of ease in the hips.

Cutting Out

Pre-wash and dry your fabric in the way that you would launder the finished garment.

If the selvage edges are drawing up the fabric along the edges, cut away the selvage to the point that it no longer changes the shape of the edge of the yardage.

Using the cutting layouts on page 1 of the instructions, lay out your pattern pieces using pattern weights or pins. Use a rotary cutter to cut out your pieces. Before moving the cut pieces from your table, snip into the seam allowances at the notches — one snip for one notch, two snips for a double notch. Use tailor's tacks to mark the dots.

Clean and oil your sewing machine, wind a bobbin (remove any other thread that might be wound on your bobbin), thread your machine, and sit back and wait for the class video. You are all set!

Video Access

The class video will be available for viewing February 19, 2021. Details and links for accessing the class video and the follow-up Zoom Q&A sessions will be sent to you prior to the class in a separate email.