

MATERIALS LIST

- [Hibiscus Shirt](#) printed pattern
- [Sew Confident! Hibiscus Shirt Kit](#) (optional purchase)
 - Kit A - [Fresh Blueberry](#)
 - Kit B - [Classic White & Grey](#)
- Or Use 5 coordinating 100% Cotton Shirtings
 - 2 yards — Body, Sleeves, Upper Collar
 - ½ yard — Sleeve Insets
 - ⅞ yard — Bottom Panels
 - ¼ yard — Undercollar and Color Stands
 - ¼ yard — Pocket
- ¼ yard Lightweight Fusible Interfacing
- 6 - ½" dia. Buttons
- 1 - ½"-⅝" Decorative Button
- 1 spool 2-ply 100% Cotton Thread
- Silk Basting Thread
- 70/10mm Universal Machine Needle
- Hand Sewing Needle
- 3 spools Isacord Thread or other Overlock Thread
- [Fusi-Web](#)
- 1 Manilla File Folder or Tagboard
- [Rotary Cutter](#) - recommended but [Shears](#) are fine
- [Trimming Scissors](#) or Snips
- [Glasshead Silk Pins](#)
- [Chakoner](#) or other Chalk Marker
- Pattern Weights
- Buttonhole Cutter or Wood Block
- [The Ultimate Stileto](#)
- Straight Edge Ruler
- [Seam Gauge](#)
- [Seam Ripper](#)
- Point Turner
- [Tracing Paper](#)
- [Tracing Wheel](#)
- [Primacolor Col-Erase 20045 Carmine Red Pencil with Eraser](#)
- Scotch Removable Tape
- [Tailor's Ham](#)
- [Seam Gauge](#)
- [Seam Ripper](#)
- Walking Foot (or engage Even Feed feature)
- Edgestitch Foot
- Point Presser
- [Sleeve Board](#)
- [Seam Roll](#)
- Steam Iron

You will need a sewing machine that has been cleaned and oiled and is in good condition. If your machine also embroiders and has a 9mm throat plate, you may want to invest in a 5mm-wide throat plate or a single hole plate. If you have the even-feed feature on your machine, engage it. If not, add a walking foot, if possible.

An overlock machine (serger) is recommended but not required.

PREPARATION

Plan to have the following work done before the start of the video class.

Pattern Work

Order the Hibiscus Shirt printed pattern.

Determine your size using your full bust measurement. Refer to the back of the pattern envelope to find the Size Measurements Chart. Use this chart to find your full bust measurement and select that size. Then measure the bust and hip circumferences on the pattern. Compare the finished measurements to your bust and hips sizes and you will know how much design ease is built into the pattern. You will need at least 6" of ease in the bust and hips.

Trace or cut out your pattern pieces, lightly press, and make any fitting adjustments to the pattern.

Use the lengthen and shorten lines on the the pattern pieces to lengthen the Right Front, Left Front and Back pieces 2". Use a hip curve and the Prismacolor red pencil to blend the cutting lines between the underarm and the bottom of the hem at the side seam. **See the attached PDF.**

Leaving the top buttonhole in place, draw new placement lines for 5 buttonholes and buttons below allowing 3 ½" between buttonholes. **See the attached PDF.**

Overlap Sleeve Inset (5) pattern piece over the Sleeve (4) pattern at "V" seam 1 ¼". Measure from the dot on the sleeve cap to the hem allowance line at the bottom of the sleeve and compare this measurement to your sleeve length. Lengthen or shorten as needed. (Linda shortened her sleeve 1 ¼".)

Fabric Prep

If you are planning to launder your shirt, pre-wash and dry your fabric.

Pull a thread or tear the fabric on the crossgrain to establish true straight of grain.

Prepare Pressing Templates

Using a manilla file folder or a piece of tagboard, cut the following templates using a rotary cutter and ruler.

1 $\frac{7}{8}$ " W x 11" — Center Front Hem

1" W x 11" — Pocket Hem. Draw a line $\frac{3}{8}$ " from one long edge

$\frac{3}{4}$ " W x 11" — Pocket Hem

Pocket — **See attached PDF**

Collar Stand — **See attached PDF**

Cutting Out

Fabric #1 — Cut pieces 1-4, 6-8, 13 (Cut 1 Upper Collar only)

Fabric #2 — Cut piece 5

Fabric #3 — Cut pieces 10-12*

Fabric #4 — Cut pieces 13 (Cut 1 Upper Collar), 14 (Cut 2 Collar Stands)

Fabric #5 — Cut piece 9

Interfacing — Cut pieces 13 (Cut 1 Undercollar), 14 (Cut 2 Collar Stands)

Place pattern pieces right side up on the right side of the fabric.

*It is impossible to match the stripes at the side seams.

Use a rotary cutter to cut out your pieces. Before moving the cut pieces from your table, snip into the seam allowances at the notches — one snip for one notch, two snips for a double notch. Use tailor's tacks to mark the dots.

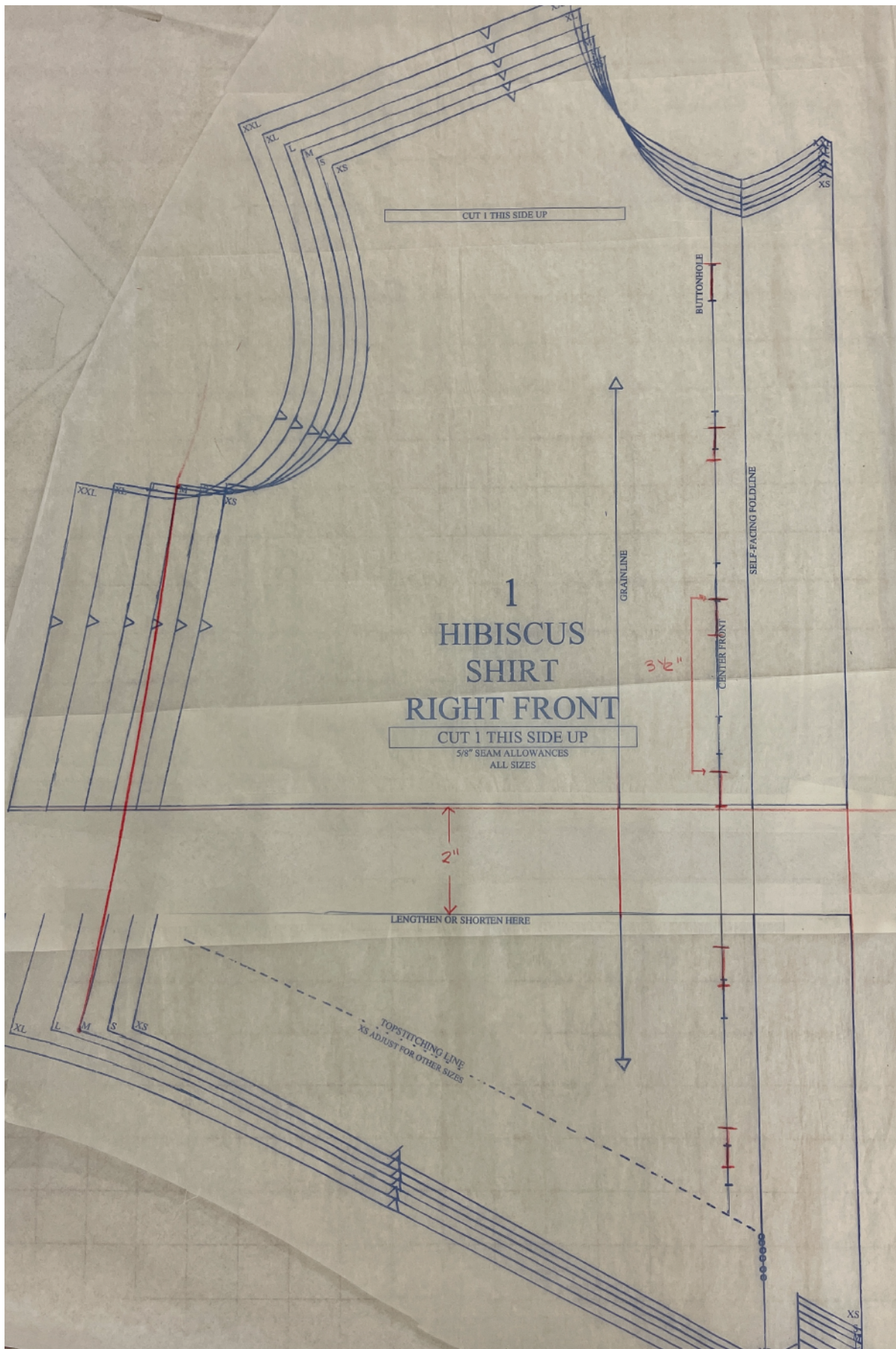
Clean and oil your sewing machine, wind a bobbin (remove any other thread that might be wound on your bobbin), thread your machine, and sit back and wait for the class video. You are all set!

Video Access

The class video will be available for viewing June 18, 2021. Details and links for accessing the class video and the follow-up Zoom Q&A sessions will be sent to you prior to the class in a separate email.

HIBISCUS SHIRT

LENGTHEN / SHORTEN PDF

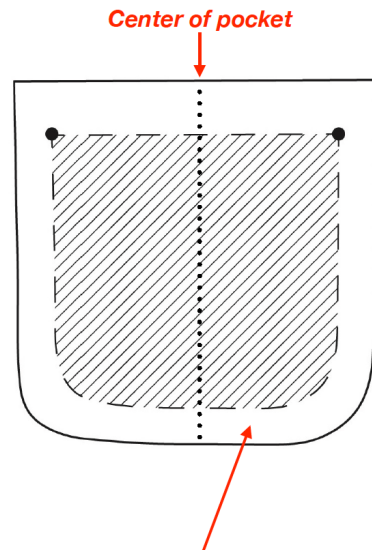


HIBISCUS SHIRT

POCKET TEMPLATE PDF

Pocket Template

- Using a Prismacolor red pencil, measure and draw around the $\frac{5}{8}$ " seam allowances on the pocket pattern. Draw a line between the dots at the top hem.
- Place the center line on the fold of the file folder. Use a tracing wheel and carbon paper between the pattern and file folder to trace the shape of one-half of the pocket **omitting seam and top hem allowances**.
- Use a rotary cutter to cut out one-half of the pocket through both layers of the file folder along the traced lines. This insures that both round corners will be identical.
- Your template is the size of the **finished** pocket.



THE SEWING WORKSHOP

HIBISCUS SHIRT

COLLAR STAND TEMPLATE PDF

Collar Stand Template

- Draw the seam allowance line on the round end of the collar stand pattern piece.
- Using tracing paper and tracing wheel, trace the seamline onto a piece of tagboard.
- Use a rotary cutter to cut out the traced shape.
- This template is used as a stitching guide when sewing the end of the collar stand.

